

If You EAT, DRINK, WORK, SLEEP or BREATHE Then:



**Join International Business
Educator & Naturopath
Jennifer Jefferies ND
As She Reveals...**

The Startling Truth About Everyday Life That Might Be Killing You - And What You Can Do Right Now To Live Healthier, Happier & Longer... Without Losing Your Sanity!

Accomplished author of the book *"7 Steps to Sanity"* - **Jennifer Jefferies ND** is a sought after speaker in Australia, New Zealand, the United States and Asia... And in this special presentation Jennifer candidly exposes the hard facts about today's environment and its toxic influence on your body and your health.

Jennifer is a refreshingly down-to-earth and informative speaker who'll leave you feeling empowered about the things you can do to **achieve real balance and health in your life right now** - rather than feeling guilty about what you're not doing!

So come along and learn first-hand from Jennifer about:

- 🍀 How to understand your body's signals and **what you can do to stimulate your body's natural inner healing process!**
- 🍀 How you can **achieve healthy weight-loss of up to 5kg in just 9 days!**
- 🍀 How you can **dramatically increase your energy levels and turbo-charge your recovery rates!** and
- 🍀 How you can **boost your immune system to avoid illness and the effects of premature aging!**

**Jennifer's here for one evening only - Tuesday, 17th August
Narre Warren Learning Centre - 1 Malcolm Court, Narre Warren.
(7:00pm Registration, 7:30pm Start).**

**CALL NOW to reserve your seat... You won't be disappointed!
Phone Jennifer on: [0412 236 812](tel:0412236812) or email jennifer@jenniferjefferies.com**