

Robert Tisserand Seminars

“The evidence base for clinical aromatherapy”



OVERVIEW OF SEMINARS

The following questions will be addressed by linking current practice with published research, and referring to specific essential oils to illustrate points:

- ⌘ Do essential oils have therapeutic effects?
- ⌘ How do they work really ?
- ⌘ How should they be used in all areas of clinic?
- ⌘ What conditions can be helped?
- ⌘ What is the future of Aromatherapy & Aromatic medicine?

Aromatherapy is sometimes written off as no more than placebo therapy. And yet, some essential oils or EO constituents are used as or in medicines. Did you know that lavender oil is now being developed as an oral medication for anxiety? Or that the same reason that menthol feels cold to the skin gives it the potential to relieve cough and reduce blood pressure?

This is a presentation about healing effects that are grounded in science. Today, essential oils are being used in many parts of the world in palliative or supportive care, as well as in private practice. In some scenarios they are arguably the treatment of choice. Let’s separate the real from the mythical, and discuss how essential oil therapy can be of optimum benefit to the wellbeing of patients.

AUDIENCE

Those interested in aromatherapy as it applies to Complementary Alternative Medicine, such as aromatherapists, aromatherapy tutors, nurses, nurse practitioners, naturopathic doctors, integrative medicine practitioners and pharmacists. Certificate of attendance will be issued.

ABOUT ROBERT

Robert tracks all the published research relevant to essential oils and collaborates with doctors, herbalists and pharmacologists, integrating scientific data with traditional medicine and holistic principles. He is familiar with the foundations of oriental medicine and Western herbal and naturopathic traditions. Robert has 40 years of experience in essential oil blending and aromatherapy product development, and has an expert knowledge of essential oil safety.

TIME: 9:00am to 4:30pm

BRISBANE
Monday 11th October
Park Regis

AUCKLAND
Wednesday 14th October
Barry Court Motor Lodge

SYDNEY
Saturday 16th October
Next Generation Club Ryde

MELBOURNE
Sunday 17th October
Vibe Melbourne
Cnr Spencer & Little Collins St.

BOOK NOW

LIMITED SEATS
AVAILABLE

**\$225 OR
EARLY BIRD \$175**
If paid before 1st September

For further info contact jennifer@jenniferjefferies.com Also check out <http://roberttisserand.com>

PLEASE COMPLETE THIS FORM, DETACH AND RETURN IT WITH PAYMENT TO: Jennifer Jefferies, PO Box 867, North Lakes QLD 4509

Name:

Address Post code Country

Phone (daytime) Email address

Which city would you like to attend? Brisbane Auckland Sydney Melbourne

My cheque/money for \$_____ is enclosed or please debit my credit card for \$_____.

Card Number ____ / ____ / ____ / ____ Name on Credit Card Exp date ____ / ____

CCV# _____

Signature